

Equalities singing group: Prisoner feedback

I have had the joy and privilege to attend and be part of the equalities singing group for two weeks now. At first I was unsure of how this will benefit me, but after ten minutes of taking part I completely forgot I was in prison. There is something special about singing in a group of people with different backgrounds which makes you feel that you're a part of something positive. Taking part in only two sessions, I discovered how I can continue to enjoy these benefits after I leave prison which in my opinion has made my sentence worthwhile. I can take something positive from this experience and that really matters to me.