

Impact of Singing on Social Bonding and Social Capital

Social capital:

12. Langston, T. (2011). It is a life support, isn't it? Social capital in a community choir. *International Journal of Community Music* 4(2), 163-184.

https://doi.org/10.1386/ijcm.4.2.163_1

13. Langston, T.W., & Barrett, M.S. (2008). Capitalizing on community music: a case study of the manifestation of social capital in a community choir. *Research Studies in Music Education* 30(2), 118-138. <https://doi.org/10.1177/1321103X08097503>

14. Jones, P.M. (2010). Developing social capital: a role for music education and community music in fostering civic engagement and intercultural understanding. *International Journal of Community Music* 3(2), 291-302. https://doi.org/10.1386/ijcm.3.2.291_1

Social bonding:

15. Weinstein, D., Launay, J., Pearce, E., Dunbar, R.I.M., & Stewart, L. (2016). Singing and social bonding: changes in connectivity and pain threshold as a function of group size. *Evolution & Human Behavior* 37(2), 152-158.

<https://doi.org/10.1016/j.evolhumbehav.2015.10.002>

16. Pearce, E., Launay, J., & Dunbar, R.I.M. (2015). The ice-breaker effect: singing mediates fast social bonding. *Royal Society Open Science* 2(10). <https://doi.org/10.1098/rsos.150221>

17. Keeler, J.R., Roth, E.A., Neuser, B.L., Spitsbergen, J.N., Waters, D.J.M., & Vianney, J. (2015). The neurochemistry and social flow of singing: bonding and oxytocin. *Frontiers in Human Neuroscience* 9:518. <https://doi.org/10.3389/fnhum.2015.00518>

18. Kreutz, G. (2014). Does Singing Facilitate Social Bonding? *Music & Medicine* 6(2), 51-60.

Social Harmony:

19. Silber, L. (2005). Bars behind bars: the impact of a women's prison choir on social harmony. *Music Education Research* 7(2), 251-271.

<https://doi.org/10.1080/14613800500169811>